

carb count dose

The insulin dose you take
at meals: **1 : 40**

1 unit of insulin for
every 40 grams of carbs

grams of carbs	units of insulin
1-20	0
21-60	1
61-100	2
101-140	3
141-180	4
181-220	5
221-260	6

childrensdayton.org/diabetesresources

