

carb count dose

The insulin dose you take
at meals: **0.5 : 20**

**0.5 unit of insulin for
every 20 grams of carbs**

grams of carbs	units of insulin
1-10	0
11-30	0.5
31-50	1
51-70	1.5
71-90	2
91-110	2.5
111-130	3
131-150	3.5
151-170	4
171-190	4.5
191-210	5
211-230	5.5
231-250	6

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