



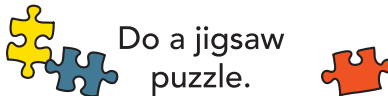






Idea Starters for Bored Kids

Print out the boredom busters that fit your family. Then put the papers in a jar. When kids get bored, let them pick one idea from the jar. Keep adding to the jar with your own ideas to beat boredom!



 <p>Read a book.</p>	<p>Have a lemonade stand and donate the proceeds to a charity.</p>	<p>Paint rocks with positive messages and leave them around town.</p>
<p>Create a picnic meal.</p>	<p>Draw or color.</p> 	<p>Make decorations to brighten up your space (or to give to someone else).</p>
<p>Make a card to cheer someone up.</p>	<p>Make your own scavenger hunt.</p>	<p>Build a fort out of materials in your house.</p>
<p>Learn a new dance.</p>	 <p>Blow bubbles.</p> 	<p>Have a tea party.</p>
<p>Invite a friend over.</p>	<p>Run through a sprinkler.</p>	<p>Try a new sport or invent your own game.</p>
<p>Play with toys outside.</p>	 <p>Do a jigsaw puzzle.</p>	<p>Go bowling with water bottles.</p>
<p>Make something out of 5 things you can find fast.</p>	<p>Build with blocks or toy bricks.</p>	<p>Create an obstacle course.</p>
 <p>Write a story, poem or song.</p> 	<p>Imagine your ideal summer party.</p>	<p>Plant something outside.</p> 
<p>Find a recipe to cook or bake.</p>	<p>Organize a space in your room.</p>	 <p>Call a family member.</p>
<p>Pick up trash.</p>	<p>Do something different with your toys.</p>	<p>Create your own activity!</p>



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