

# care instructions after hernia/hydrocele & orchideopexy/orchiectomy repair

## **pain control**

- Most boys will have little pain for 6-8 hours after surgery.
- Please alternate acetaminophen (Tylenol) with ibuprofen (Motrin) every 3-4 hours. You may give one medication followed by the other 3-4 hours later. Start right when you get home to help keep pain from starting.
- If your child is playful and acting “normal”, you can assume he is comfortable.

## **diet**

- Nausea/vomiting is not unusual after the operation.
- Please start with liquids. If tolerated, slowly add food.
- He may have a regular diet the day after the surgery.

## **dressing**

- Depending on surgeon there may be a dressing.
- Dr. McLeod and Dr. Jayanthi patients will have ‘glue’ that will peel off over time.
- Dr. Nguyen patients will have glue, steri-strips and a clear dressing called tegaderm in place.
- You may see some stitches. These will dissolve on their own.
- No special care is needed after the dressing is removed.

## **bathing**

Your child may bathe or shower 2 days after surgery. Sponge bathe for the first two days after procedure.

## **activity**

- There are no real restrictions. However, try to have your child avoid activities where he may be kicked or struck in the groin for two weeks.
- No straddling toys or bikes for 6 weeks after repair.



### **what to watch out for**

- Bleeding-Spots of blood on the dressing are normal. If you see a continuous ooze of blood, call the office immediately.
- Infection-Fever, worsening redness/pain and/or “pus” from the incisions may be a sign of infection. Call the office immediately.

### **follow up**

Call the office for a post-operative (after surgery) visit in four weeks. If more convenient, your pediatrician/ family doctor can do the post-op check if he/she feels comfortable doing it.

Call for any questions. Our office number is 937-641-3466. We are available Monday through Friday 8:00 am to 4:00 pm.

