

care instructions after circumcision

pain control

- Most boys will have little pain for 6-8 hours after surgery.
- Please alternate acetaminophen (Tylenol) with ibuprofen (Motrin) every 3-4 hours. You may give one medication followed by the other 3-4 hours later. Start right when you get home from circumcision to help keep pain from starting.
- If your child is playful and acting “normal”, you can assume he is comfortable.

diet

- Nausea/vomiting is not unusual after the operation.
- Please start with liquids. If tolerated, slowly add food.
- He may have a regular diet the day after the surgery.

dressing

- Your son will have a clear dressing wrapped around the penis. This dressing may fall off on its own or may be removed. It should be removed by “unwrapping” it 2 days after the procedure. Have him sit in bath tub of warm water for no more than 15 minutes first. This will help loosen the dressing so it can be removed. If you have problems removing dressing please call us.
- Don't worry if it falls off sooner.
- After the dressing comes off, please apply Bacitracin, Neosporin or Vaseline for 5-7 days. This keeps the penis from sticking to his diaper.
- There may be increased swelling once the dressing falls off.

activity

- Your son can play as he wishes. However, he should avoid activities where he may be hit or kicked in the groin for two weeks.
- Avoid straddling toys and activities

bathing

Your son may bathe or shower 2 days after surgery. Sponge bathe for the first two days after procedure.



what to watch out for

- Bleeding-Spots of blood on the diaper/underpants are okay, but if you see continuous oozing of blood, call the office immediately.
- There may be yellow drainage noted. This is granulation tissue and this normal and will come off with baths and wash cloth.
- Infection – It is **normal** for the penis to be swollen and red after circumcision. Signs of an infection include worsening redness, pus-like drainage or fever.

follow up

Call the office for a post-operative (after surgery) visit in four weeks. A post-op visit is not needed if penis looks ok to you. If more convenient, your pediatrician/family doctor can do the post-op check if he/she feels comfortable doing it.

Call for any questions. Our office number is 937-641-3466. We are available Monday through Friday 8:00 am to 4:00 pm.

