

# your child's tonsillectomy/ adenoidectomy care plan

## for children ages 3 and under

Just as a flight plan guides a pilot's path to their destination, this plan outlines the path for your child's tonsillectomy/adenoidectomy surgery. Following the path below, you and your child will prepare for your child's surgery and recovery. Please ask your nurse navigator or anyone on your care team if you have any questions.

**Start**

Go to your employer's benefit website under "Center of Excellence."

consult and tentative surgery date within two weeks of this call.

Call Dayton Children's nurse navigator at 937-641-4242. Your nurse navigator will schedule a pre-surgery

At the consult, you will meet with the ENT surgeon and they will evaluate your child. You will also get education to help prepare you and your child for surgery and recovery.



The nurse navigator will send an email/text/calendar invite for your child's surgery date.

You will receive another email/text/call a week before surgery, two days before surgery, and the day before surgery.

The day of surgery, you will arrive one hour before the surgery time. Your nurse navigator will greet you.

Your child's surgery! Your care team will be there to support you and your child throughout the surgery.

After surgery, your child will go to the recovery area.



Once your child is ready to leave the recovery area, they will go up to one of our inpatient floors. They will spend the night so we can watch them closely and make sure they are doing well.

When your child is ready to go home, you will get education and instructions to help care for your child at home. You will also get any needed medicines.

The day after surgery, the nurse navigator will call and check in. They will also schedule your child's follow-up visit in 4-6 weeks.

Your ENT care team will follow-up with a call or visit to make sure everything looks good with your child.

You will receive one bill for your child's surgery.

**Finished**

