

Conversation Starters

**These questions are not intended to serve as a strategy to get to serious issues with a child. They are meant to serve as a tool to encourage discussion about thoughts and feelings in everyday life. If a serious concern arises from your conversation, turn your attention to that issue.*

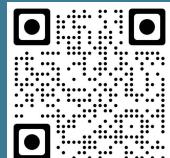
- What was the best thing that happened today?
- How were you brave today?
- Tell me your favorite joke.
- If you were the dad or mom of the house, what would be your 3 rules?
- What do you want to be when you grow up?
- Do you have a favorite song? What is it?
- Tell me about something you learned today.
- If you could meet any person in the world, who would it be?
- If you could build a dream house, what would it look like?
- How were you kind to someone today?
- Name three things for which you are thankful.
- What is the best thing about school?
- What was your most embarrassing moment?
- If you have to live on an island by yourself, what 3 things would you bring?
- If I gave you a million dollars, what would you do with it?
- If you were granted 3 wishes, what would they be?
- If you could make a rule that everyone had to follow, what would it be?
- What makes you super happy?
- What do you do when someone makes fun of other kids at school?
- If you could be a superhero, who would you be?
- If you could pick a new name, what would you choose?
- What do you really like to do with your family?
- What do you like most about yourself?
- When you feel sad, what do you think about to make yourself feel happy again?
- What is your favorite food?

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- Do you like thunderstorms?
 - What is your favorite season? What do you like about it?
 - If you could go anywhere in the world, where would you go?
 - Pick 3 words to describe yourself.
 - What scares you the most?
 - If you could be any age, what age would you pick?
 - What makes you angry?
 - If you could have one superpower, what would it be? How would you use it?
 - Tell me about what your best day would be like.
 - What gift would you really like to get?
 - What is the thing that you like to do most?
 - Who are your friends? What do you enjoy doing with them?
 - Tell me about a scary dream you have had. What did you do?
 - If you could be on any TV show, what would it be?
 - What makes you laugh?
 - What is your favorite car? If you had one, what color would it be?
 - If you could have any animal as a pet, what would it be? What do you like about that one?
 - Where do you like to go for fun?
 - What is the best thing about your house?
 - Do you like to play video games? Which ones?
 - What is your favorite holiday? What do you like about it?
 - Would you rather play in the snow or swim in a pool?
 - What do you think is the best thing about getting older?
 - Tell me about your favorite book.
 - Make up your own question to answer!

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