

Cardiovascular Genetics Program –Screening Tool

	If you answer ${f YES}$ to any of these questions or if you have a family history that concerns you
5	contact us at 937-641-3800 to schedule an appointment. We provide genetic counseling
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ט .	Do you or a close family member have any of the following? (please only consider blood relatives)
	Hypertrophic Cardiomyopathy (HCM)
	 Approximately 1:500 people are affected. HCM happens when the heart muscle enlarges and thickens without an obvious cause.
	Dilated Cardiomyopathy (DCM)
	DCM develops when the heart ventricles enlarge and weaken. The weakened chambers
	don't pump blood as effectively, causing the heart muscle to work harder. This can lead to
	heart failure, heart valve disease, irregular heart rate, and blood clots in the heart.
	Lang OT Sandrana (LOTS)
	 Long QT Syndrome (LQTS) LQTS is a disorder of the heart's electrical activity. It can cause sudden, uncontrollable,
	dangerous arrhythmias (problems with the rate or rhythm of the heartbeat).
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	Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)
	• CPVT is a condition characterized by arrhythmias. As the heart rate increases in response to
	physical activity or stress, it can trigger abnormally fast and irregular heartbeat called
	ventricular tachycardia. In people with CPVT, episodes of light-headedness, dizziness, and
	fainting occur, typically beginning in childhood.
	Cholesterol Above 220 mg/dL (adults) or 190 mg/dL (children or adolescents)
	Aortic Aneurysm or Dissection Before 40 Years of Age
	 Aortic aneurysms usually have no symptoms, but depending on size, growth rate, and
	location can cause various symptoms
	• Aortic dissections usually cause severe, sudden chest or back pain, unusually pale skin, faint
	pulse, numbness in limbs, and possibly paralysis
	Sudden Cardiac Arrest (genetic condition suspected)
	Sudden/Unexpected Death
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