

# carb count dose

The insulin dose you take  
at meals: **1 : 45**

1 unit of insulin for  
every 45 grams of carbs

grams of carbs	units of insulin
1-22	0
23-67	1
68-112	2
113-157	3
158-202	4
203-247	5

[childrensdayton.org/diabetesresources](http://childrensdayton.org/diabetesresources)

