

carb count dose

The insulin dose you take
at meals: **0.5 : 40**

**0.5 unit of insulin for
every 40 grams of carbs**

grams of carbs	units of insulin
1-20	0
21-60	0.5
61-100	1
101-140	1.5
141-180	2
181-220	2.5
221-260	3

childrensdayton.org/diabetesresources

