

correction dose

This is the insulin dose you take for high blood glucose during the day and at bedtime.

Meal time: 1 unit per 5mg/dL over 100

Bedtime: 1 unit per 5mg/dL over 105

| blood glucose | daytime | bedtime |
|--------------------------|---------|---------|
| Under 100 | 0 | 0 |
| 100-105 | 1 | 0 |
| 106-110 | 2 | 1 |
| 111-115 | 3 | 2 |
| 116-120 | 4 | 3 |
| 121-125 | 5 | 4 |
| 126-130 | 6 | 5 |
| 131-135 | 7 | 6 |
| 136-140 | 8 | 7 |
| 141-145 | 9 | 8 |
| 146-150 | 10 | 9 |
| 151-155 | 11 | 10 |
| 156-160 | 12 | 11 |
| 161-165 | 13 | 12 |
| 166-170 | 14 | 13 |
| 171-175 | 15 | 14 |
| 176-180 | 16 | 15 |
| <i>continued on back</i> | | |

Only give correction dose if it has been **more than 2-3 hours** since the last dose of fast-acting insulin.

| blood glucose | daytime | bedtime |
|---------------|---------|---------|
| 181-185 | 17 | 16 |
| 186-190 | 18 | 17 |
| 191-195 | 19 | 18 |
| 196-200 | 20 | 19 |
| 201-205 | 21 | 20 |
| 206-210 | 22 | 21 |
| 211-215 | 23 | 22 |
| 216-220 | 24 | 23 |
| 221-225 | 25 | 24 |
| 226-230 | 26 | 25 |
| 231-235 | 27 | 26 |
| 236-240 | 28 | 27 |
| 241-245 | 29 | 28 |
| 246-250 | 30 | 29 |
| 251-255 | 31 | 30 |
| 256-260 | 32 | 31 |
| 261-265 | 33 | 32 |
| 266-270 | 34 | 33 |
| 271-275 | 35 | 34 |
| 276-280 | 36 | 35 |
| 281-285 | 37 | 36 |
| 286-290 | 38 | 37 |
| 291-295 | 39 | 38 |
| 296-300 | 40 | 39 |
| 301-305 | 41 | 40 |
| 306-310 | 42 | 41 |

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